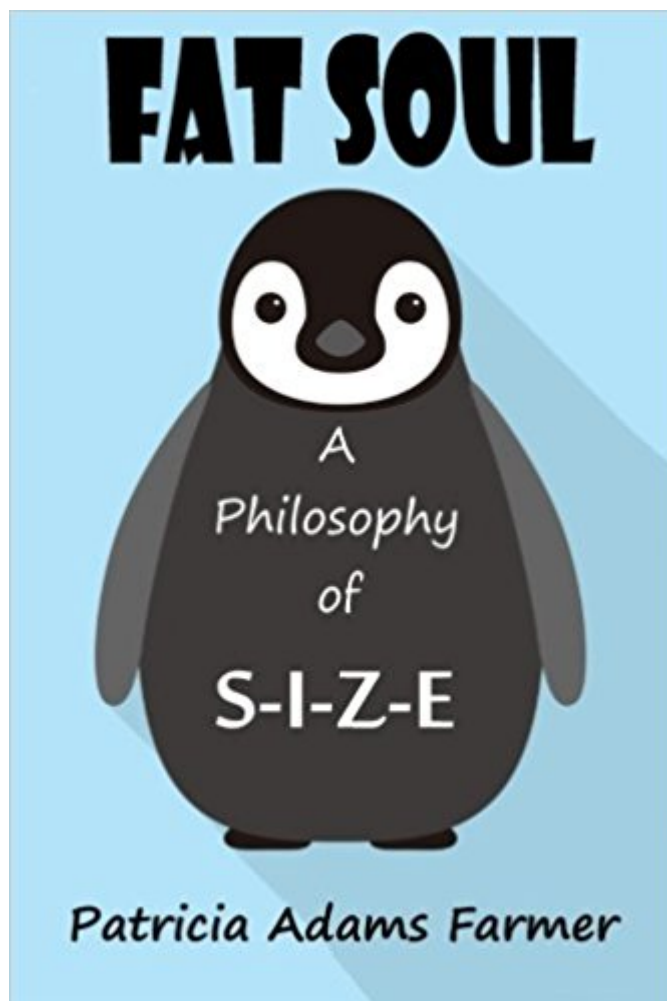


The book was found

Fat Soul: A Philosophy Of S-I-Z-E



Synopsis

Within these pages lies a creative adventure into soul expansion for the sake of beauty, reconciliation, and planetary well-being. Themes of self-compassion, kindness towards those who are different, and gladness of spirit against the growing tide of narrow, rigid, fearful worldviews weave through the text. Written during her five-year sojourn in Ecuador, the author of *Embracing a Beautiful God* develops her playful-yet-serious philosophy of S-I-Z-E in a series of soul-expanding reflections, inspired by the vast beauty and personal challenges of living in the Andean country. The reader is invited to explore with the author the many dimensions of growing the soul through the four major sections of the book: *The Beauty of Inner Immensity*, *Fat Soul Planet*, *Fat Soul Luminaries*, and *The S-I-Z-E of Hope*. "Fat Soul is the result of an outlandish feast spread by an extravagant Lover who longs for us to awaken to the spaciousness of our own inner universe. It's so big you almost feel weightless." "Tim Carson, author of *Six Doors to the Seventh Dimension*. "In a world constricted into brittle, rigid smallness, Patricia Farmer cracks open our hearts and invites us into a great, big bear hug of soul. Fat Soul holds out the possibility of a life lived whole, lived large, lived with love and generosity. This is a book I will read again and again, and you should too!" "Rabbi Bradley Shavit Artson, author of *God of Becoming and Relationship*. "This is the book you didn't know you needed to read, and then, when you've read it, you wonder, 'Where has this book been all my life?' Well, here it is. Chock full of practical life-learned wisdom and intriguing bouquets of fresh imagery, Patricia Farmer's riffs on enlarging one's river of life overflow with warmth, vitality, and unforgettable insight. Get ready for an abundant feast!" "David Polk, author of *God of Empowering Love*. "Patricia Farmer invites us to claim our grandeur, face our darkness, and out of this creative synthesis bring healing to this good earth. This text should be read slowly as you would savor a Godiva chocolate, so that it might flavor your spirit and invite you to taste and see the beauty of life. As you read this text, prepare to be transformed." "Bruce G. Epperly, author of *Process Theology: A Guide for the Perplexed*

Book Information

Paperback: 202 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (February 4, 2016)

Language: English

ISBN-10: 1523460881

ISBN-13: 978-1523460885

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,449,044 in Books (See Top 100 in Books) #42 in Books > Christian Books & Bibles > Theology > Process #29680 in Books > Religion & Spirituality > Religious Studies > Theology

Customer Reviews

Patricia Adams Farmer is a wonderful writer and this book is worth far more than its price. While Patricia is a philosopher and theologian, this book is not preachy or pedantic. Her philosophy is accessible, quite practical, and even fun, but there is also an element of enchantment and whimsy in her view of life. The author shares her experience of finding God in the beauty and wonder of Nature, finding joy in the kindnesses and vulnerabilities of others, and learning from many of the well known Fat Souls profiled in the essays. Farmer trusts her own heart and Fat Soul while walking her spiritual path and she bravely shares it with the reader. Reading her brief essays will expand your mind and heart in surprising and often comforting ways and your soul will become Fat and wide in the process. In fact, she views God and life as a process, taking many of her ideas from the Process Theology of Alfred North Whitehead. This is a necessary purchase for all spiritual and philosophical seekers, and anyone who is curious about what a Fat Soul is all about. A great way to fatten up without needing to diet afterwards!

You have got to get this book! Graceful, heart-warming, provocative - all words that describe Fat Soul. Patricia Farmer combines the best of an elegant progressive theology with personal experience. And it is written in chapters that work nicely for daily devotional or meditative times. Very nice.

A truly delightful and insightful book! Patricia Farmer makes process theology accessible, engaging, and enchanting. The book is like enjoying a Godiva chocolate or a good cup of tea or coffee, leisurely, tasty, inspiring, and energizing.

[Download to continue reading...](#)

Belly Fat: The Healthy Eating Guide to Lose That Stubborn Belly Fat - No Exercise Required (Belly Fat, Healthy eating, weight loss for women, low fat, ... wheat, detox, grain free, gluten free) BELLY FAT: 40 EFFECTIVE HABITS to BURN BELLY FAT for A SLIM WAIST (Belly Fat, Fat Burning For Women, Weight Loss, Zero Belly Diet, Flat Belly Diet, Abs Diet, Waist Training Workout) (FIT BODY

Book 1) Manifesto for Philosophy: Followed by Two Essays: "the (Re)Turn of Philosophy Itself" and "Definition of Philosophy" (Suny Series, Intersections, Philosophy and Critical Theory) Ketogenic Diet: 21 Days To Rapid Fat Loss, Unstoppable Energy And Upgrade Your Life - Lose Up To a Pound a day (Includes The Very BEST Fat Burning Recipes - FAT LOSS CRACKED) Fat Bombs: Delicious Low-Carb High-Fat Sweet and Savory Ketogenic & Paleo Fat Bombs Intermittent Fasting Hacks: How To Eat Whatever The F*ck You Want To Burn Fat, Get Lean and Look Phenomenal! (Burn Fat, Intermittent Fasting, Fat Loss, ... Fasting, Clean Eating, Bodybuilding) How To Lose Thigh Fat: The Most Effective and Simple Solutions to Trim your Thighs (Thigh fat, slim thigh, reduce thigh fat, shape your thigh) DUKAN DIET: Lose Weight FAST And Lose Weight FOREVER: Four Phase Plan (Fat Burning Diet, Weight Loss Motivation, Burn Fat, Diet Plan, Weight Loss Plan, Dukan, Belly Fat) Eat Fat, Get Thin Fast!: Eat Fat and Get Thin with the best healthy high fat recipes; Complete pictures, nutrition facts, and serving sizes for every single recipe! FAT BOMBS: 120 SWEET AND SAVORY KETO TREATS FOR KETOGENIC, LOW CARB, GLUTEN-FREE AND PALEO DIETS (keto, ketogenic diet, keto fat bombs, desserts, healthy recipes, fat bombs cookbook, paleo, low carb) Summary - Eat Fat Get Thin: By Mark Hyman - Why the Fat We Eat Is the Key to Sustained Weight Loss... (Eat Fat, Get Thin: A Complete Summary - Book, Paperback, Audiobook, Audible, Hardcover,) Ketogenic Diet Fat Bombs: A Year of Keto Fat Bombs: 52 Sweet & Savory Low Carb Snack Recipes (Ketogenic Diet Fat Bomb Recipes for Rapid Weight Loss with Low Carb Desserts) Fat Soul: A Philosophy of S-I-Z-E The Passover Soul Kit: 101 Soul Tips, Easy Passover Recipes, Pesach Insights, Meditations, Art & Quotes for the Passover Seder and the Passover Haggadah (Holy Sparks Soul Kits) Intermittent Fasting: Make Your Body Burn Fat For Fuel Everyday, Optimize Muscle Mass, Hormones And Health. Decrease Insulin Resistance And Body Fat (intermittent ... fasting for weight loss, lean body.) Eat Fat, Get Thin: Why the Fat We Eat Is the Key to Sustained Weight Loss and Vibrant Health The Diabetes Carbohydrate and Fat Gram Guide : Quick, Easy Meal Planning Using Carbohydrate and Fat Gram Counts The Diabetes Carbohydrate & Fat Gram Guide: Quick, Easy Meal Planning Using Carbohydrate and Fat Gram Counts Sweet and Savory Fat Bombs: 100 Delicious Treats for Fat Fasts, Ketogenic, Paleo, and Low-Carb Diets Carb Cycling: Unleash Your Body's Maximal Potential to Burn Fat and Build Lean Muscle Mass While Staying Lean (Including Recipes, Carb Cycling Diet, Ketogenic ... Muscle While Burning Fat, Healthy Body)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help